



THE VALOR REPORT

SCHOOL
NEWSPAPER

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5K 2022

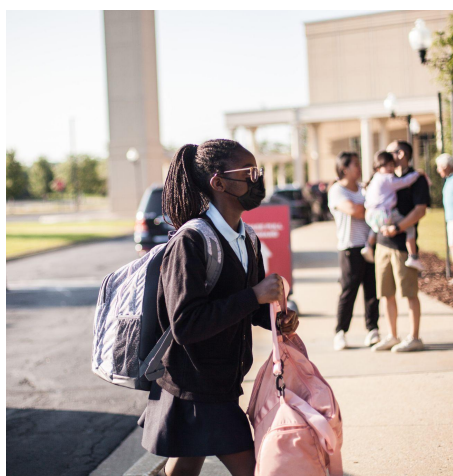
Are your kids ready for this year's run for education? Our Senior Prep students have some awesome tips!

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A DAY AS A K4 STUDENT

Find out what our youngest students do on a daily basis!

Pages 12-14



WE ARE VALEO ACADEMY!

A CLOSER LOOK INTO THE INDIVIDUALS WHO MAKE UP OUR SCHOOL



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A LETTER FROM THE JUNIORS & SENIORS

Hello, Fellow Students,

This is the first edition of the "Valor Report," a newspaper made by your Junior and Senior upperclassmen. In this edition, you will find many things that relate to current events, either inside or outside of school. You will find questions and answers that may relate to you. And if that isn't your style, we even have a section that will tickle your funny bone. We hope you enjoy this newspaper and have a great school year.

SINCERELY,

Zoe Bates

Andrew Cleghorn
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Miles Vang
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Avery LaVoie

Ashley Vega

The Valor Report provides complete, accurate, and creative content. Our school newspaper is student driven, produced, and edited.



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ON THE COVER . . .
First day of the 2022–23 school year.
Photos by LCIC Team.

INTERVIEWS

BY ANDREW JACKSON, '23

1. WHAT DRIVES YOU TO LEARN IN SCHOOL?
2. WHAT IS SOMETHING THAT YOU ARE GOOD AT THAT PEOPLE DON'T KNOW ABOUT?
3. WHAT DO YOU BELIEVE SCHOOL SHOULD DO FOR A PERSON?



1. "Good grades and doing well for my future."
2. "I am very good at memorization and building things."
3. "I think school should give you the foundation that you need to go into the world and be successful."

Justin Williamson, 8th Grade



1. "Getting good grades because I play tennis, and my parents won't let me play if I don't have good grades."
2. "I like to sing and dance. I actually do it well! "
3. "I think school should help students get a better relationship with God, so that they can accomplish anything they want. "

Abigail Carnes, 4th Grade



1. "Just to get really good grades so I can go to a good college."
2. "I am very good at volleyball, and not a lot of people know that."
3. "I believe that it is meant to help students grow in their character."

Moises Vega, 9th Grade

WHAT'S HAPPENING?

UPDATING YOU ON THE LATEST EVENTS AROUND THE WORLD

BY AVERY LAVOIE, '23



Valeo's 5K in 2021. Photo by LCIC Team.

VALEO ACADEMY

This month at Valeo Academy, we are preparing our students for the Valeo 5K. With the 5K approaching, on Friday, October 7, we are preparing our students by getting them excited to fundraise money for our school. We do our yearly 5K fundraiser to raise money for our school and to teach our students the value of school spirit!

If you would like to donate to our 5K fundraiser, please visit:

<https://valeoacademy.com/5k/>

SPORTS

We are excited to announce that our football team, the Chicago Bears, were on a three-game winning streak during the NFL Preseason, and then continued that win by starting off their season with a 19–10 win against the San Francisco 49ers!



Bears against the 49ers last year.
Photo by Jonathan Daniel/Getty Images



Queen Elizabeth II. Photo by STV News.

WORLD

This month we are shocked and devastated to announce that Queen Elizabeth II has passed away at the age of 96, after her 70-year reign over the United Kingdom. Queen Elizabeth was born April 21, 1926, she started her reign on February 6, 1952, and she passed on September 8, 2022. They have been using this time to mourn her passing, but also celebrate her reign.

WINS

This month in the world, the first-ever retirement home for bees has been opened in the UK! This retirement center, as silly as it sounds, was opened to help the rapid decline of the bee population come to a halt. We need bees in our ecosystem to help with the pollination of crops, and without the pollination of crops we would be almost completely cut off from our food sources. For more information on this bee retirement home and the rapid decline of the bee population, you can visit:

<https://www.countryliving.com/uk/wildlife/a37783084/bee-retirement-home-launches/>



Bee enjoying the retirement home. Photo by Flying Flowers.



STUDENTS REACT TO THE NEWS

BY MISS MEL ISLAS, 3RD GRADE TEACHER



"I think that building houses for bees is cool, but weird."

Elijah Gritsak, 1st Grade



"It's sad that the queen died. It is also very cool that she lived to be 96 years old."

Elaina Wheaton, 9th Grade



"I have been working very hard to prepare for the 5K. I have been running a lot, playing basketball and working hard in gym class."

Lukas Duda, 9th Grade



"I'm a big fan of the Bears, and this news made me very happy because they now have won two games!"

Sarah Goliszewski, 9th Grade



"The bee house is SO COOL! I want to play with it, but hopefully it doesn't sting me."

Jesse Spera, Kindergarten



"I don't really know how to feel about her death. I'm glad I live with freedom."

Max Acostarviz, 2nd Grade



"It's super cool that they made little houses for the bees because I've never seen anyone do that."

Inaya Akinde, 5th Grade



"I'm very excited for the 5K. To prepare for it I have been drinking a lot of water and sleeping in until 6:00 AM. I'm not waking up at 5:40 AM anymore."

Logan Clifton, 5th Grade



"I'm excited for the 5K because I like to collect money. I've been running 100 feet in 15 seconds everyday!"

Adithi Sarathy, 1st Grade



"I like that the Bears win because I play football, and I like to win."

**Jeremiah Napoles,
1st Grade**



"I liked Queen Elizabeth, because she was super pretty. I'm not really sad that she died, but her family is."

**Raegan Rodriguez,
2nd Grade**



"I think the bee home is useless, but I guess the UK has a lot of money that they have to waste it on something,"

Ben Carnes, 8th Grade

WHAT DO YOU THINK OF THIS MONTH'S NEWS?

TIPS FOR RUNNING A 5K

GET READY FOR THIS YEAR'S RUN FOR EDUCATION

BY MILES VANG, '24 & MARCO RODRIGUEZ, '23



Senior Prep students sharing tips at the 5K assembly. Photo by LCIC Team.

The day of our 5K race is almost here! It's normal to feel a few pre-race jitters or wonder what to do the morning of the race. To help you feel more confident as you make your way to the starting line, here are some tips that you can follow.

#1. Drink a lot of water before the race.

#2. Make sure you stretch really well the night before and the day of the race.

#3. Make sure you have a good night's rest.

#4. Never give up and just keep going.

#5. HAVE FUN!!!





TOP SEPTEMBER '22 SONGS

BY CESAR ARREOLA, '24

SHUFFLE PLAY

Music is everywhere. It's there when you get excited for an assembly, a basketball game or when you're jamming to your parents music in the car. For the Valeo students, this month was full of music and rhythm. These are some of the top songs that we listened to during the month of September.

Music is a way to unite people. Whether it be listening to worship music or classical music while studying, or singing in the shower, music can bring people together, and they find similar interests.



Million Little Miracles
Maverick City Music



Walk a Mile
Judah Gurule



Uptown Funk
Bruno Mars



Remember the Time
Michael Jackson



Happier
Marshmello ft. Bastille



No One
Elevation Worship



September
Earth, Wind & Fire

WHAT WAS YOUR FAVORITE SONG THIS MONTH?

Jayden Ludwick, 3rd Grade
"How Great Is Our God"

"I really like this song because it reminds me of the good things that God did for each of us. My favorite part is when it says, 'You're the name above all names.' I like that because it's true that He is the King of all kings."



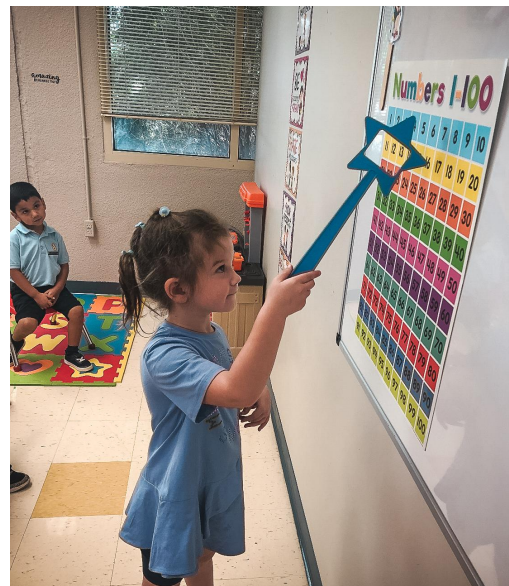
A DAY IN THE LIFE OF A K4 STUDENT

EXPLORING THE LIFE OF OUR 4 YEAR OLDS

BY ZOE BATES, '24

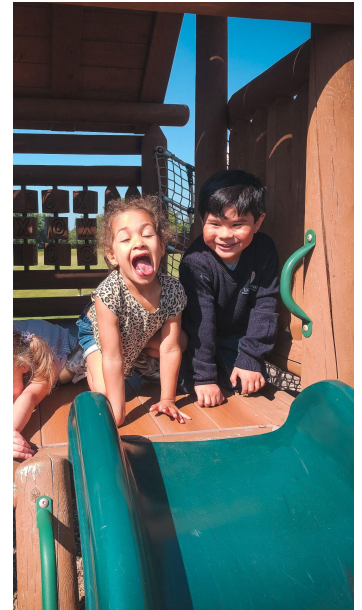


Mrs. Aguilar starts the morning by welcoming her students into the classroom. The students will start their day with a **morning prayer**, blessing their day, and reciting the **Pledge of Allegiance**. At the carpet they practice their **learning positions**, memory verse, and learn a Bible story. Then students **exercise** to help grow their independent, problem-solving, and creativity skills. They are currently learning how to count, **spell** their names, and the names and sounds of vowels. In the morning, they also enjoy a break and their yummy **snacks**.



P.E. class is one of their favorite activities, and they enjoy playing different games! When it's time for **lunch**, Mrs. Aguilar and her students pray and bless their meal. After lunch, students have **free time**, and they create closer **friendships**. When play time is over, they take a **nap**. When they are well-rested, students continue learning colors, **Jesus**, and creating **crafts**.

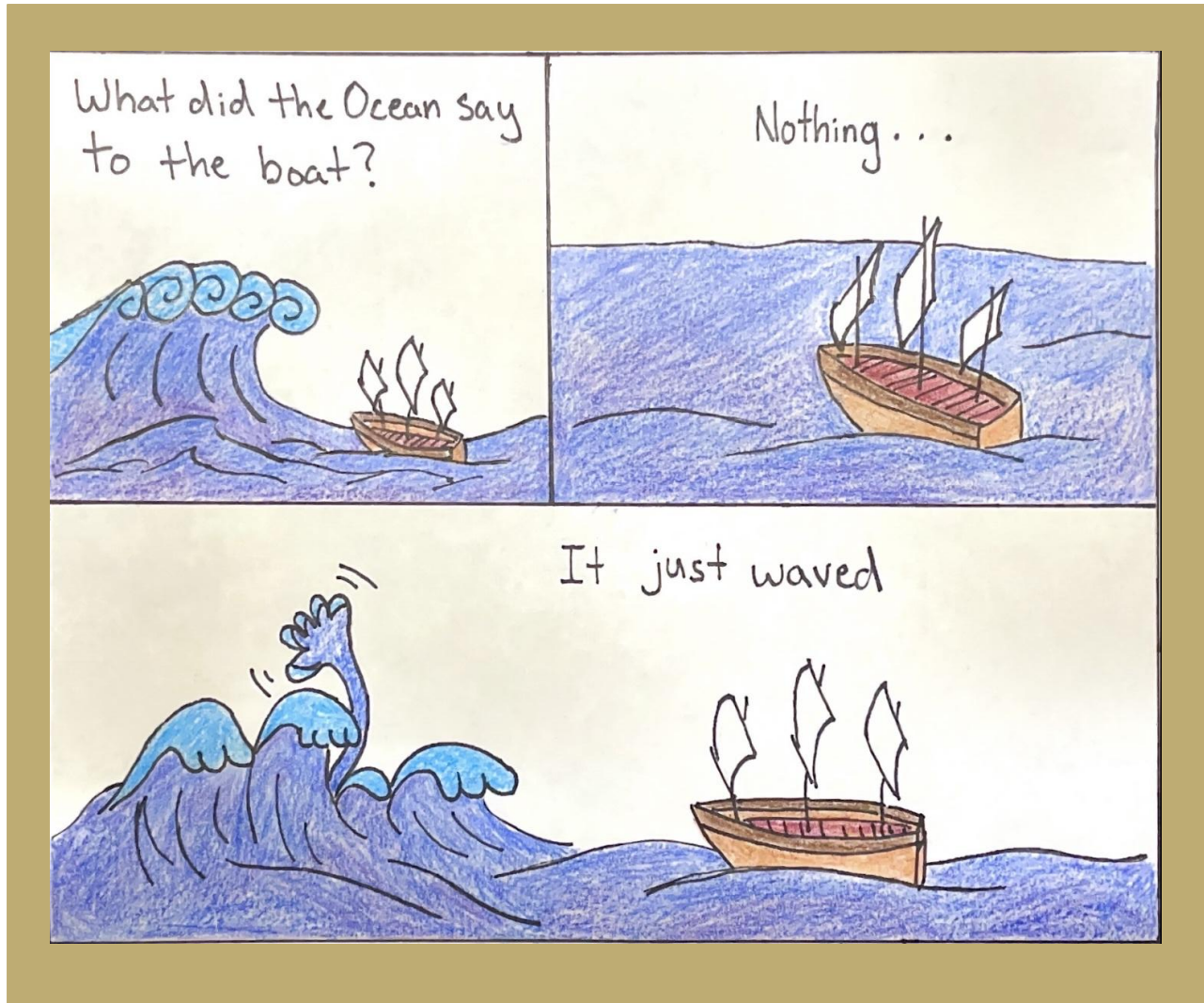




At the end of the day, students go outside to **play** in the playground. After playing, Mrs. Aguilar and her students have **clean-up** time. Students help get the classroom ready for the next day. Students grab their backpacks and patiently wait for their names to be called during **dismissal**. **Our K4 students LOVE school, and we enjoy seeing them grow and have fun every day.**

COMIC

DRAWN BY ANDREW CLEGHORN, '23



***IF YOU HAVE A COMIC THAT YOU HAVE DRAWN AND WANT TO BE FEATURED IN THE SCHOOL NEWSPAPER, SUBMIT IT TO MISS ISLAS.**

LOL!

THEY SAY THAT LAUGHTER IS THE BEST MEDICINE—HERE ARE SOME FUNNY JOKES TO MAKE YOU LAUGH

BY ZOE BATES, '24

A. WHY WAS 6 AFRAID OF 7?

B. WHAT DO YOU CALL A FAKE NOODLE?

C. WHAT DID THE OCEAN SAY TO THE BOAT?

D. WHAT DO YOU CALL A BEAR WITH NO TEETH?

E. HOW DO YOU MAKE A TISSUE DANCE?



First day of school lunch. Photo by LCIC Team.



A. 7, 8, 9 | B. AN IN-PASTA | C. NOTHING, IT JUST WAVED | D. A GUMMY BEAR | E. PUT SOME BOOGIES IN IT

GUESS WHO?

TEST YOUR KNOWLEDGE TO SEE HOW WELL YOU KNOW OUR STUDENTS

BY ROMAN DICKOW, '23

MATCH EACH FUN FACT TO THE STUDENTS BELOW.

- 1. LISTENS TO MUSIC FOR 18 HOURS A DAY**
- 2. CANNOT SWIM**
- 3. DOES NOT LIKE OREOS**
- 4. FAVORITE MOVIE IS *SONIC THE HEDGEHOG***



FAVOR NWOLE
3RD GRADE



VANESSA MIMS
9TH GRADE



AMY DOMINGUEZ
7TH GRADE



ZION BATES
10TH GRADE

THROUGH THE LENS

THIS MONTH WAS GREAT! CHECK OUT SOME OF THE HIGHLIGHTS.

PHOTOS CAPTURED BY OUR VALEO TEACHERS



