



# THE VALOR REPORT

SCHOOL NEWSPAPER

## IN SEASON

CHANGE | GROWTH | LEARNING | INSPIRATION

12

EASY &  
YUMMY  
FALL  
RECIPES

05

CURRENT  
NEWS

23

STUDENT  
COMIC  
SUBMISSIONS







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## A LETTER FROM THE JUNIORS & SENIORS

Hello, Fellow Students,

Welcome to the second issue of The Valor Report newspaper! In this fall edition, there are so many things to enjoy: fun, yummy snacks, cool, spooky movies and helpful fashion tips. If you ever find yourself staring at your closet not sure what you are going to wear... well do we have the solution for you with our fall clothing staples. We hope this newspaper will help you continue enjoying this fall season!

SINCERELY,

*Zoe Bates*

*Andrew Cleghorn*  
*Marco Rodriguez*

*Andrew Jackson*

*Cesar Arreola*  
*Miles Vang*

*Avery LaVoie*

*Ashley Vega*

The Valor Report provides complete, accurate, and creative content. Our school newspaper is student driven, produced, and edited.

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# WHAT'S HAPPENING?

UPDATING YOU ON THE LATEST EVENTS AROUND THE WORLD

BY CESAR ARREOLA, '24 & AVERY LAVOIE, '23



Valeo's *Seeds of Liberty* 2021. Photo by LCIC Team.

## VALEO ACADEMY

One thing that we love about our school is our *Seeds of Liberty* production. Our students prepare an amazing event that reminds us of God's love for our nation!

Join us on November 3rd at 6:30PM! We will have a play and a song. There is unlimited seating, so invite as many people as you can to see this awesome performance.

## SPORTS

Football season is the absolute best! Lots of wins to be celebrated, one of them being that the Cincinnati Bengals won against the Atlanta Falcons on Sunday, October 23rd. The final score was 35 for the Bengals and 17 for the Falcons!

Let us know which football team you love the most!



Photo by The Atlanta Journal-Constitution.

  
Atlanta Falcons  
(3 - 4)

17

-

35

  
Cincinnati Bengals  
(4 - 3)

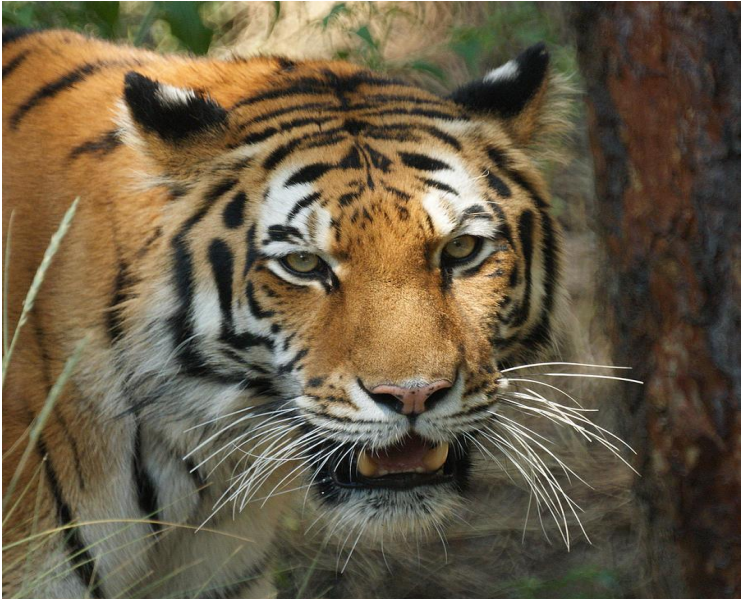


Photo by Ernie Echols

## WORLD

The number of tigers in the wild are 40% higher than previously thought. In recent years tigers have been thought to be nearly extinct, but recent assessments have shown that there are nearly 6,000 tigers living freely in the wild. Although the species will remain endangered, projects like the IUCN's integrated tiger habitat conservation programme, state that they are succeeding and recovery is possible!

## WINS

Our church, Life Changers International Church, celebrated its 29th anniversary on Sunday, October 23rd. We are grateful and so blessed to have an amazing HOME and church family. Our Pastors lead us and empower us by reminding us of who we are in Christ.

PGD reminds us that we are HIP (Happy Imperfect People) and we can be reminded that even though we are not perfect, we can be happy because of the goodness of God! Cheers to many more years.



Pastor Gregory and Grace Dickow and JD. Photo by LCIC Team.

#STICKWITHIT #STAYCONNECTED



@lifechangers



# STUDENTS REACT TO THE NEWS

BY MISS MEL ISLAS, 3RD GRADE TEACHER



"I am excited to sing because I get to be Johnny Appleseed and that makes me very happy."

**Liam Gattone, Kindergarten**



"I've been coming for 6 years and I love that Pastor explains in a way that we can understand. Our church is not the same as other churches."

**Zera Bates, 8th Grade**



"I've been attending this church since I was in second grade. I love the kindness of the church."

**Izan Conchas, 7th Grade**



"I can't wait for Seeds of Liberty because it's my first time and I'm really good at singing. I am excited to have a part and sing with my class."

**Sierra Cortese, 2nd Grade**



"I thought the Bengals would win because they're like a good team. I was happy that they won."

**Jeremy Potter, 7th Grade**



"I get to be the illustrator in the play and that's my favorite part because I like to illustrate."

**Zion Antwine, 1st Grade**





# TOP OCTOBER '22 SONGS

BY ANDREW JACKSON, '23

SHUFFLE PLAY



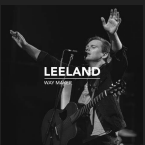
**Lion**  
Elevation Worship



**Die for You**  
The Weeknd



**Closed on Sunday**  
Kanye West



**Way Maker**  
Leeland



**25 or 6 to 4**  
Chicago



**Ave Maria**  
Franz Schubert



**As it Was**  
Harry Styles

Here are some of the top picks for this month. As you can see, there is a variety of genres, from worship to classic rock! Each student has their own taste and love for the songs they have chosen.

## WHAT WAS YOUR FAVORITE SONG THIS MONTH?

Inaya Akinde, 5th grade

Indescribable by Hillsong  
Young & Free

"I love Hillsong's music and I also believe that God is very indescribable and beautiful in many ways."



# A DAY IN THE LIFE OF A KINDERGARTEN STUDENT

AN ADVENTURE WITH MRS. GOWLISZESKI'S KINDERGARTEN CLASS

BY ZOE BATES, '24



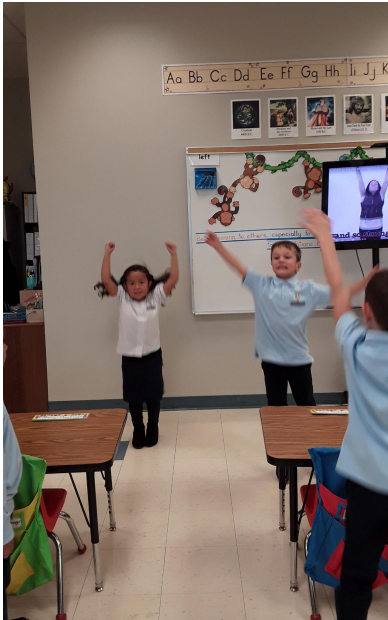
Mrs. Golszewski starts her morning by welcoming students into class. Students begin their day with a **morning prayer** and reciting the **Pledge of Allegiance**. Then, they transition to **carpet time** where students practice their phonograms, counting numbers, and the alphabet.



Our kindergartners are so smart! They **practice the memory verse** every week to help them develop strong memorization skills. After practicing, they enjoy a **short break** and their yummy snacks.



After their snack break, students continue learning how to spell and pronounce new words. Mrs. Golizekwi loves to encourage students with **songs and dance** moves to help them remember the new things they learn! #LEARNINGISFUN



Next, students go to P. E. (their favorite) class and enjoy the activities. What is great about **P.E. class** is that students are encouraged to have fun while being active and learning to have self-control. After, P. E., our kindergarteners jump into a **creative time** where students sit at the table. Here they are able to draw and build new things showing their creative gifts. Before lunch, Mrs. Golszewski **pray** and transition to **lunch**.





Food definitely makes our students sleepy, so it's now time for **naptime**! Students have a moment to wind down and catch some zzz's. After resting, students continue learning and they have engaging lessons that teach them how to work and grow independently. After their **activity**, they go outside and play with each other as a class, growing their friendship and loving each other as classmates. Of course, during this time they are able to be adventurous while **playing**.



At the end of the day, students pack up, clean up their classroom and prepare it for the next day. During **dismissal**, they sit on the carpet with their friends until they are called to go home. **Wow! Being a kindergartener sure is a lot of work, but it's so fun!**



## Caramel Apple Dip

This light and fluffy dip is super easy to make and absolutely delicious!

Print

Pin

★ Rate

AUTHOR **MRS. HER**

COURSE **DESSERT/SNACK**



PREP TIME TOTAL **15 MINUTES**

## Ingredients:

- 2 (8oz) packets of cream cheese, softened at room temperature
- ½ cup powdered sugar
- Caramel sauce
- Heath english toffee bits
- Sliced apples

## Instructions:

1. Beat the cream cheese and powdered sugar using a mixer until fluffy.
2. Drizzle as much caramel as you'd like on top.
3. Sprinkle as many toffee bits on top of the sauce
4. Dip the apples and enjoy!

## Reviews:

"It is very tasty. It is not too rich or too sweet, I could eat this all day!" - **Andrew Cleghorn**

"This dip is delicious! It has a nice and thick texture." - **Miles Vang**

"It's good, but I don't really like it because I don't like cream cheese." - **Zoe Bates**







## Pumpkin Cheesecake Dip

Fall is not just about pumpkin spice lattes! Try this delicious and creamy dip for a taste of fall.

[Print](#)
[Pin](#)
[★ Rate](#)

AUTHOR **MISS ISLAS**

COURSE **DESSERT/SNACK**



PREP TIME TOTAL **10 MINUTES**

## Ingredients:

- 2 (8oz) packets of cream cheese, softened at room temperature
- ½ cup heavy whipping cream
- 1 cup pumpkin puree
- ¼ cup of powdered sugar
- Graham crackers
- Pumpkin spice

## Instructions:

1. Beat the cream cheese, cream, pumpkin puree, and sugar using a mixer until fluffy.
2. Sprinkle as much pumpkin spice as you'd like.
3. Dip the graham crackers and enjoy.

## Reviews:

"This dip is insanely tasty to my taste buds."

- **Andrew Jackson**

"I think I may have to take the whole bowl home because it's exquisite!" -**Cesar Arreola**

"It's very yummy!" -**Ashley Vega**

"I actually don't like it because I don't like pumpkin." -**Marco Rodriguez**





BY ROMAN DICKOW

**Valeo  
Tomatoes®**

Q DC League of Super-Pets

X

**DC LEAGUE OF SUPER-PETS**

PG 2022, Kids &amp; family/Comedy, 1h 46m

**74%**TOMATOMETER  
144 Reviews**88%**AUDIENCE SCORE  
2,500+ Verified Ratings**MOVIE INFO**

Krypto the Superdog and Superman are inseparable best friends, sharing the same superpowers and fighting crime side by side in Metropolis. However, when the Man of Steel and the rest of the Justice League are kidnapped, Krypto must convince a ragtag group of animals to master their own newfound powers for a rescue mission.

**CAST**

Dwayne Johnson - Krypto  
Kevin Hart - Ace the Bat-Hound  
Kate Mckinnon - Lulu  
Keanu Reeves - Batman  
John Krasinski - Superman

**QUOTES**

"A little advice, never test a guinea pig." - Lulu  
"A hamster is a hacky sack. A hamster is a mouse that had too much for lunch." - Lulu

**REVIEW**

The movie was full of cheesy superhero one-liners. I mean, it's Dwayne (The Rock) Johnson, what do you expect?!

# MUST-WATCH FALL MOVIES

BINGE OUT ON SOME CLASSIC MOVIES THAT WILL MAKE YOU ENJOY THIS SEASON

BY ANDREW CLEGHORN, '23



Photo from Disney+.

## MUPPETS HAUNTED MANSION

Ganzo is taking on the challenge of staying at a haunted mansion. Coming across spooky ghosts... that sing?

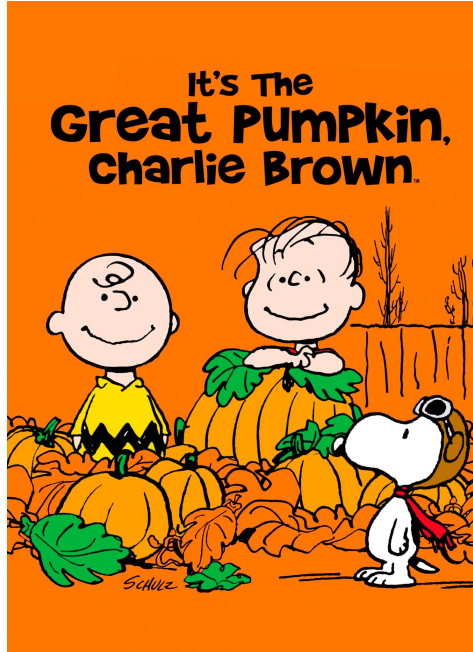


Photo from Amazon.com

## IT'S THE GREAT PUMPKIN, CHARLIE BROWN

Linus is convinced that there is a great pumpkin creature that comes out in the night. He, of course, drags Charlie along with him to see if it true or not.

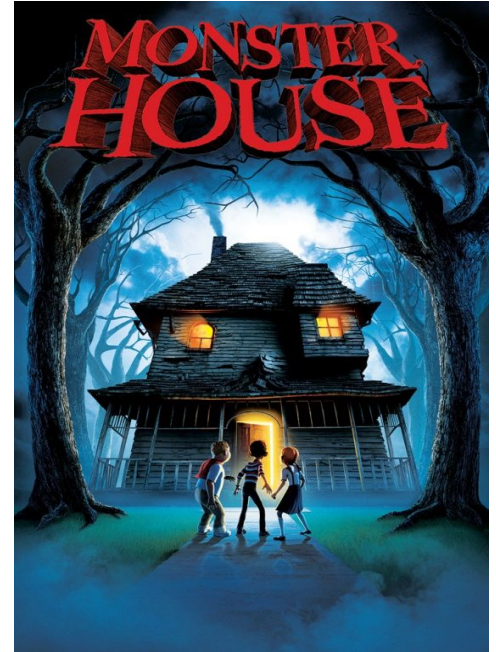


Photo from Sony Pictures.

## MONSTER HOUSE

A group of kids are fascinated by their neighbor and his very scary looking house. They get a little too curious as they go exploring the house and revealing its secrets.

**Disclaimer:** This movie is most likely more suitable for older audiences, viewer discretion advised.

# FALL MUST-HAVES FOR WOMEN

BY AVERY LAVOIE, '24



Photo by anthropologie.com

## 1. UGGS

Ugg boots and slippers are very popular this season because they are cute and comfortable. You can dress them up for a cute look, or dress them down for comfortability.

## 2. SWEATERS

Chunky-knit sweaters are a must for fall, especially in Chicago, because they are thick and thermal which helps keep you warm in our harsh weather. Also, the texture and cozy look of the sweaters are cute and stylish!



Photo by hudsonandbailey.us



Photo by etsy.com

## 3. FLANNELS

Flannels are a must for fall because they are very versatile and can be dressed up or down. Also the different thickness and style of flannels can be changed up for the constant changes of weather here in Chicago.



# OUR FEMALE STAFF'S STAPLE PIECES

BY ASHLEY VEGA, '23



"I love boots because they are so cute to wear in the fall."

**Mrs. Herr, 2nd Grade Teacher**



"Sweaters because they are so comfy, cozy, and keep me nice and toasty."

**Mrs. Hernandez, HS Teacher**



"Ponchos...I think because they are kind of one step away from a warm blanket."

**Mrs. Knoerr, 7th & 8th Grade Teacher**



"I like hoodies because they are warm and cozy and I feel relaxed."

**Mrs. Rodriguez, Admin**



"Cardigans are a must-have because they feel cozy and just right."

**Mrs. Bates, 1st Grade Teacher**



"I like to wear my boots because they are cozy and keep my feet warm in the colder weather."

**Mrs. Cleghorn, 4th Grade Teacher**

# FALL MUST-HAVES FOR MEN

BY MARCO RODRIGUEZ, '24



Photo by buckmason.com

## 1. BLACK FLANNEL SHIRT

Black flannels are a must-have for the fall season. Not only are they warm and cozy they are also very versatile to use when it comes to fashion.

## 2. DENIM JEANS

Jeans are always a must-have especially in the colder seasons. They give a nice warmth when you're cold, but also give a nice casual vibe.



Photo by New York Times.



Photo by Gear Patrol

## 3. BEANIES

You can never go wrong with beanies in the fall. I personally have been rocking my grey Huf beanie and black Carhartt beanie as well. They are perfect for my go to fall hats.

## 4. SAUVAGE BY DIOR

Dior Sauvage is the perfect cologne for almost any occasion whether it be church on Sunday a family party or even just walking to Target it's an amazing scent.



Photo by IMDb.



# OUR MALE STAFF'S STAPLE PIECES

BY MARCO RODRIGUEZ, '23



"Knit beanies are a must-have for fall because they are versatile and can be worn with multiple outfits."

**Coach Avila, P.E. Teacher**



"I like wearing jogging suits because they're comfortable and warm. But jeans and a nice sweater are also comfortable!"

**Office Lonie, Security**



"Pants, because who doesn't like pants?"

**Mr. Knoerr, HS Teacher**

WHAT ARE YOUR MUST-HAVE ITEMS TO HAVE IN YOUR FALL WARDROBE?

# STADE'S FARM & MARKET

K4 - 4TH GRADE FIELD TRIP

valeoacademy ▾



**Valeo Academy**  
Private School  
A K-12 private Christian school located in the Chicagoland area.  
[valeoacademy.com/5k](http://valeoacademy.com/5k)  
2500 Beverly Rd, Hoffman Estates, Illinois

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Posts

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# RIDDLES

BY MARCO RODRIGUEZ, '23

1. WHAT DO YOU USE TO MEND A JACK-O-LANTERN?
2. WHO WON THE SKELETON BEAUTY CONTEST?
3. WHAT DO YOU GET WHEN YOU DROP A PUMPKIN?
4. WHAT IS A SCARECROW'S FAVORITE FRUIT?
5. WHAT DO GHOSTS DO TO STAY SAFE IN A CAR?
6. WHAT'S A LITTLE GHOST'S FAVORITE DESSERT?



6. I-SCREAM

5. THEY PUT ON THEIR SHEET BELT

4. STRAWBERRIES

3. SQUASH

2. NOBODY

1. A PUMPKIN PATCH

# INTERVIEWS

BY MILES VANG, '24



## WHAT ARE YOU GOING TO DRESS UP AS FOR HALLOWEEN?



"I want to dress up as a Ghostbuster because *Ghostbusters* is my all-time favorite movie."

**Gideon Vang, 4th Grade**



"I am going to dress up as a knight because it was the easiest thing I could find."

**Elizabeth Francis, 7th Grade**



"I'm going to dress up as a giant ghost because I like spooky things."

**Rhyder Rodriguez, 5th Grade**



"I will be a unicorn because I get to wear a unicorn hat that is a sparkly unicorn hat."

**Zara Uwumarogie, K4**



"My Halloween costume is Midnight and the reason why is because I like Midnight and he is Egyptian."

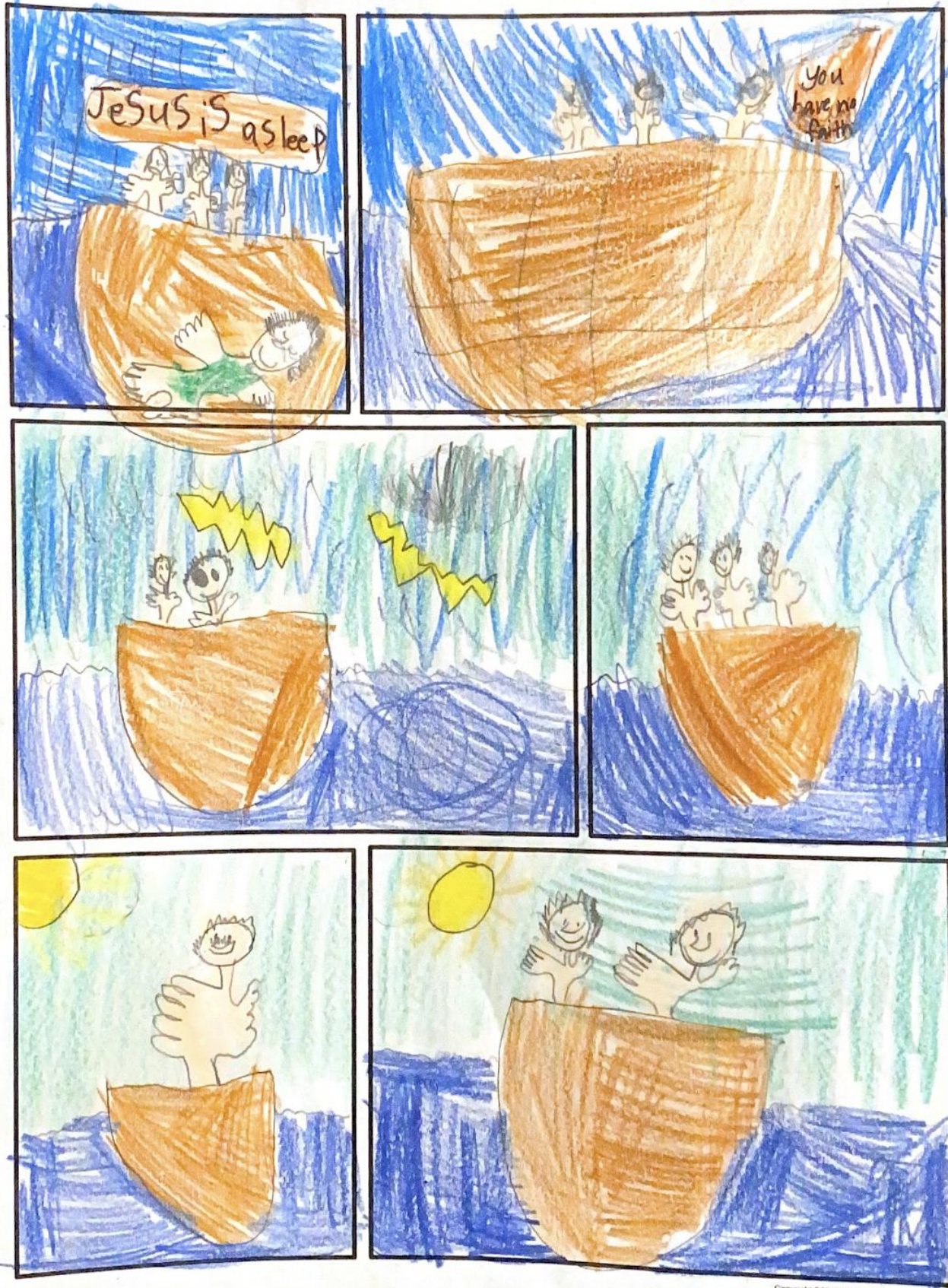
**Martin Hey, 4th Grade**



"I'm going to be dressing up as a ghost. It's going to be a group Halloween costume."

**Zoe Nwole, 8th Grade**

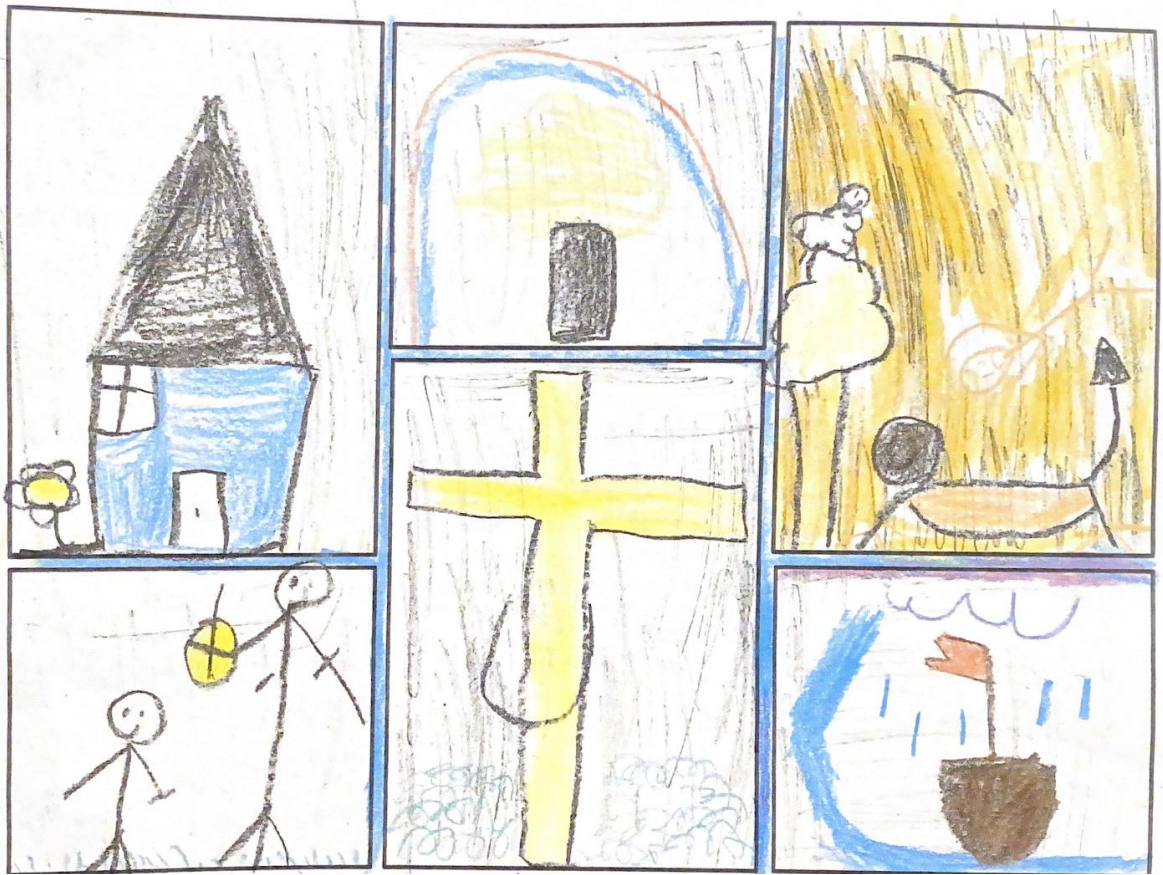




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Drawn by Sierra Cortese, 2nd Grade





Drawn by Elijah Gritsak, 1st Grade



Drawn by Adithi Sarathy, 1st Grade



By: Justin & Levi Williamson



Drawn by Levi Williamson (5th grade) & Justin Williamson (8th grade)



# THROUGH THE LENS

THIS MONTH WAS GREAT! CHECK OUT SOME OF THE HIGHLIGHTS.

PHOTOS CAPTURED BY OUR VALEO TEACHERS





