



Valeo Academy
2500 Beverly Rd
Hoffman Estates, IL 60192

THE VALOR REPORT

SCHOOL NEWSPAPER



HAPPY NOW YEAR!

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Volume 1, Issue 5

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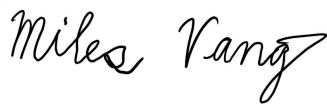


Mrs. Dunia Baca
Miss Mel Islas



A LETTER FROM THE JUNIORS & SENIORS

The time is NOW! We have entered a new year, which means new beginnings, opportunities, and room to learn and grow. Our pastor, Gregory Dickow, has been reminding us about how we need to lean into Jesus and START EXPECTING! As we dive head first into this new year, just remember that there is no need to wait, God is calling you forth for greatness NOW! Enjoy the first 2023 edition of *The Valor Report*. :)

SINCERELY,

The Valor Report provides complete, accurate, and creative content. Our school newspaper is student driven, produced, and edited.



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ON THE COVER . . .

Photo from Unplash.com

DO NEW YEAR'S RESOLUTIONS ACTUALLY WORK?

EVERY YEAR PEOPLE MAKE RESOLUTIONS. HOW LONG UNTIL THEY BREAK THEM?

BY MILES VANG, '24



Photo from Wane.com

It is a new year. You know what that means. Many people have started their New Year's resolutions. Or have they? Studies say that 80% of people give up on their resolutions by February. So, what is the point of making resolutions if you are just going to give up on them? Many people don't believe that resolutions work, but I believe they do work. The only thing you need is the passion to reach your goals. You have to give it your all because if you don't, no one else is going to tell you to do it. No one else can force you to reach your goals. You need to have the confidence to see it through.

You also need to have the courage to try new things. Trying new things is a great way to start off your year. Who knows, maybe the things you try will excite you to keep trying. Doing new things can add a change in your normal schedule. It can even lead you to finding a secret talent you didn't know you had. So, don't be afraid to try new things and set goals for yourself!

**WHAT ARE YOUR
THOUGHTS ON NEW
YEAR'S RESOLUTIONS?**

WHAT ARE YOU LOOKING FORWARD TO IN 2023?

BY CESAR ARREOLA, '24 & ANDREW JACKSON, '23



"I want to play with my toys. I'm excited to learn how to read."

-Nehemiah Thomas, K4



"I'm excited for the field trip that's in 2 days. And for my birthday because I'm going to have a sleepover with all of my cousins and friends. I'm also going to bring my favorite stuffies."

**-Liam Gattone,
Kindergarten**



"My family and I are going to NASA and India. I'm excited to learn multiplication."

**-Isaac Francis,
1st Grade**



"I'm excited to learn more and more things in art class because I like art. I'm excited to move to the next class, which is third grade." **-Max Acostaruiz, 2nd Grade**



"I'm looking forward to learning more cursive and celebrating my golden birthday!" **Lynn Leopardo, 3rd Grade**



"I want to write out the whole script of the Bee Movie." **-Daniel Oblifias, 4th Grade**



"To not have a new year's resolution next year." -**Levi Williamson, 5th Grade**



"Having good and real friends. And get better at volleyball and piano." -**Liana Bradley, 6th Grade**



"To prioritize my sleep." -**Izabella Volkman, 7th Grade**



"I wanna get better at soccer and get Headmasters." -**Elijah Cavnar-Rodriguez, 8th Grade**



"I am going to work out more." -**Victoria Mallory, 9th Grade**



"Getting good grades and spending time with my family." -**Sarah Aguilar, 10th Grade**



"I want to hit a 300 pounds bench in the gym." -**Cesar Arreola, 11th Grade**



"I'm looking forward to making TikToks and going viral!" -**Roman Dickow, 12th Grade**

WHAT'S HAPPENING?

UPDATING YOU ON THE LATEST EVENTS AROUND THE WORLD

BY ANDREW CLEGHORN, '23 & ZOE BATES, '24



Photo by Mrs. Suzanne Knoerr.

VALEO ACADEMY

Congratulations to our 5th-8th grade girls for winning their first volleyball game! The girls have been working very hard over the last 3 months developing their teamwork skills alongside their volleyball skills. Also, quick **shoutout to Jessica Vambute**. Jessica scored 8 points for the team while serving! We are so proud of the girls and can't wait to see what's next on their volleyball journey.

SCIENCE

Scientists may have found a new solution for lightning protection. At the moment lightning rods are the best protection against lightning, but are impractical for larger areas like an airport. However, scientists have created a **laser-based "lightning rod"**. This special laser redirects lightning bolts down to a lightning rod which absorbs the electricity and conducts safely down into the ground. The laser is essentially just a longer lightning rod that is less dangerous and more practical.

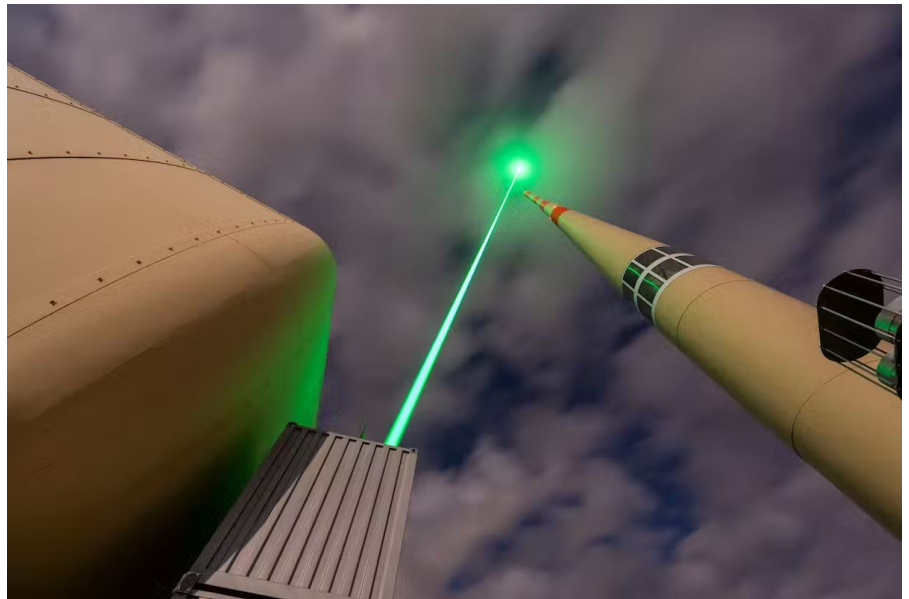


Photo by Martin Stollberg. Retrieved from [TheConversation.com](https://www.theconversation.com).



Photo by Taylor Nicioli.

WORLD

Andy Hackett caught a 67.4-pound fish in the U.K. and named it "The Carrot". 20 years ago, Carrot was added into the water by the Bluewater staff. The Bluewater staff thought that Carrot would be another fish to add to the water for fishermen to catch. But he wasn't like any other fish. This one grew a lot over the course of time! Carrot is a hybrid between leather carp and koi carp. After measuring Carrot and making sure that he was healthy, they placed him back in the water so that he could continue living his best life. How cool is this fish?!

CHURCH WINS

Fast From Wrong Thinking is a 40-day fast. It's not a fast from food, but from negative thoughts that the devil tries to attack us with. For example, on day 1, we were fasting from the thought, "I Can't Change". Everyday we fast from a different negative thought that we want to overcome. Pastor Dickow encourages us with steps to guide us and a prayer that he says to "Think It and Say It". It officially started January 16, but don't worry if you haven't signed up yet. You can sign up anytime and start your journey whenever you want. You're not going to want to miss out!



Photo by LCIC team.



@gregorydickow
@lifechangers

Sign up online by visiting:
gregorydickow.com/fastfromwrongthinking

5 THINGS TO DO IN JANUARY

UPDATING YOU ON THE LATEST EVENTS AROUND THE WORLD

BY ROMAN DICKOW, '23 & MARCO RODRIGUEZ, '23

1. SET NEW LIFE GOALS FOR 2023

It's a new year and a great time to set goals for yourself. Maybe you want to start hitting the gym, playing a new instrument, or try new recipes? Whatever it is, try something new and remember that you can do it!



Photo retrieved from [Heath.ClevelandClinic.org](https://www.clevelandclinic.org)

2. CELEBRATE EPIPHANY DAY

Rosca de Reyes is a traditional bread in the Mexican culture that is enjoyed with family and friends on Epiphany Day aka King's Day. Every year on January 6th, hispanics hold gatherings with family and friends to partake in the celebration of Día de los Reyes Day by cutting a slice of the rosca. Inside the rosca, there are small plastic babies. Some people say, "If you get a baby in your slice of rosca, you have to throw a party and make tamales!" Have you ever celebrated this holiday?



Photo retrieved from [ElSoldePuebra.com](https://www.elsoldepuebra.com)

3. GO ICE SKATING

It's still pretty cold and that's the perfect reason to go ice skating! Go have some fun with family and friends. So find your local ice skating rink. For example, if you're in the city of Chicago, there is an ice skating rink in Millennium Park!



Photo retrieved from CitiMuzik.com

5. EXPLORE MUSEUMS AROUND CHICAGO

It will most likely be a little nippy outside in Chicago, but who would want to miss out on seeing some fabulous radical art? Check out these FREE days for Illinois residents.

Field Museum

Feb. 1, 7, 8, 14, 15, 20

Art Institute of Chicago

Mondays, Thursdays, and Fridays until March 24



Photo retrieved from Chicago.Curbed.com

4. WATCH *PUSS IN BOOTS*

Go watch the new incredible animated film, *Puss in Boots*, starring the classic Antonio Banderas. Get ready to embark on Puss' journey as he finds the last mythical wish and restores his life.

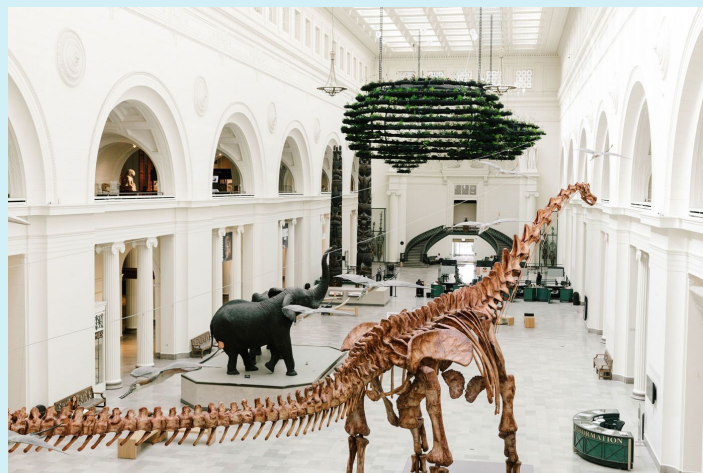


Photo retrieved from FieldMuseum.org

National Museum of Mexican Art

Free all year round

Chicago History Museum

Feb. 1 – 3, 7 – 10, 14 – 17, 20 – 24, 28

Museum of Contemporary Art

Free every Tuesday

3RD GRADE'S HIGHLIGHTS

BY MISS ISLAS, 3RD GRADE TEACHER & AVERY LAVOIE, '23



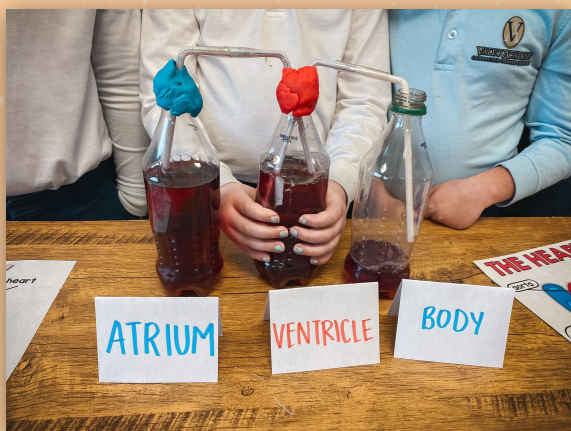
CLASS PARTY: They say that breakfast is the most important meal of the day and our 3rd graders had a breakfast for champions. Each student has been working on growing in their Christian character and as a class they have grown a lot. Miss Islas rewarded her class with a CEREAL PARTY. What a fun reward!



MATH OLYMPICS: For this year's ACSI Math Olympics, four students will represent our 3rd grade class. They have been practicing multiplication and division in class by playing games and reviewing with fun activities. We are very excited for our students to compete. Let's show our support by cheering them on!



ANATOMY: In science class, our 3rd graders have started their human anatomy unit. They have been reminded that God has designed our bodies with parts that work together. To review the circulatory system, they explored a heart model using water bottles, straws, and cranberry juice. Students were able to see how blood flows in one direction through the heart chambers. They also learned how to check their pulse and count their heart beats.



DEAR K4 + KINDERGARTENERS...



Our older Valeo students asked our K4 and Kindergarten students for advice.
"Here's what we have they had to say!"

WHAT CAN I DO IF I GET MY HEART BROKEN?



"Ask your mom to put an ice pack on it and then she will give you lots of hugs and kisses!"

Evelyn Kokalichev, K4

HOW DO I GET BETTER AT READING?



"My teacher said to read a lot of books and just practice."

Benjamin Gauthier, Kindergarten

WHAT CAN I DO IF MY FRIENDS LEAVE ME OUT?



"You can ask them if you can play with them or ask someone else to play with you."

Liam Ludwick, Kindergarten

HOW CAN I SHOW LOVE TO MY FRIENDS?



"You can play with them. You can even share a snack like a peanut butter and jelly sandwich, but I always eat all of mine, so I would need to make another one."

Lilly Pena, K4

WHAT CAN I DO WHEN I FEEL SAD?



"Pray to God because you need Jesus."
Izabella Acostaruiiz, Kindergarten

HOW CAN I HAVE SELF-CONTROL?



"Do good things because I
choose love and I choose
wisdom."
Samuel Gomez, Kindergarten

HOW DO I FIND LOVE?



"Well, God loves you. Your
mom loves you too."
Easton Figarelli, Kindergarten

WHAT CAN I DO IF I AM AFRAID?



"Just don't be afraid."
Crystal Medina, Kindergarten



BY ASHLEY VEGA, '23

Valeo
Tomatoes®

Search movies, TV, actors, more...



2023 NEW MOVIE RELEASES

SORT ▾

GENRE ▾

RATING ▾

TOMATOMETER® ▾

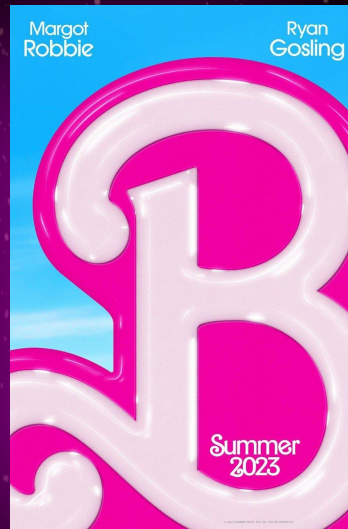
CERTIFIED FRESH



ELEMENTAL

Premieres June 16, 2023

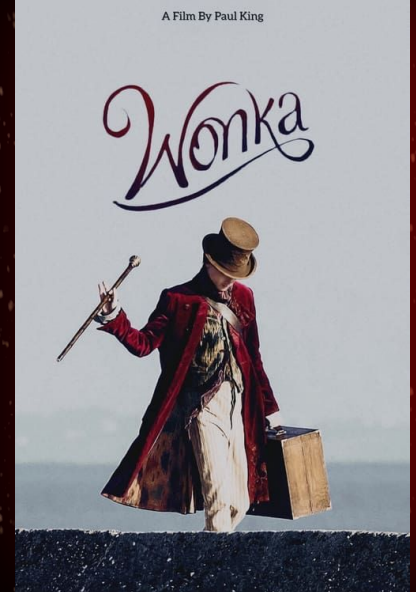
In a city where fire, water, land and air residents live together, a fiery young woman and a go-with-the-flow guy are about to discover something elemental: how much they actually have in common.



BARBIE

Premieres July 21, 2023

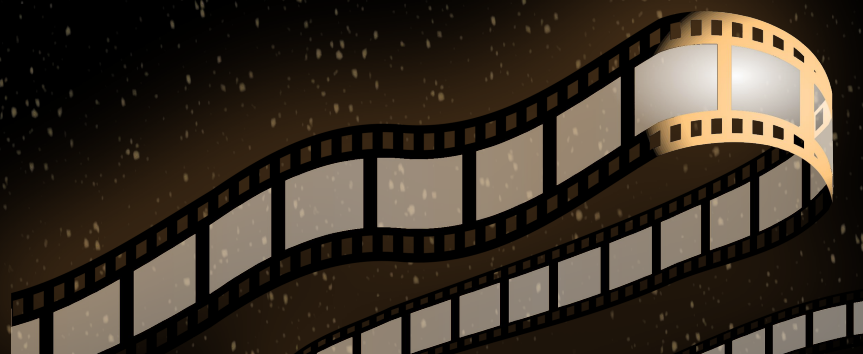
A doll living in 'Barbieland' is expelled for not being perfect enough and sets off on an adventure in the real world."



WONKA

Premieres December 15, 2023

The story will focus on young Willy Wonka and how he met the Oompa-Loompas on one of his earliest adventures.





GUARDIANS OF THE GALAXY VOL. 3

Premieres May 5, 2023

Peter Quill aka Star-Lord rallies his team and blasts into deep space in one of the coolest spaceships in sci-fi to “defend the universe along with protecting one of their own”.



THE LITTLE MERMAID

Premieres May 26, 2023

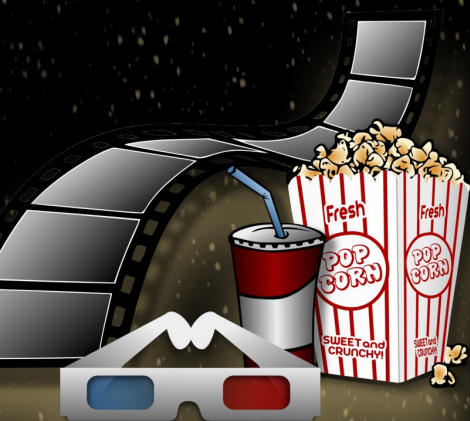
A young mermaid makes a deal with a sea witch, to trade her beautiful voice for human legs so she can discover the world above water and impress a prince.



ANT-MAN AND THE WASP: QUANTUMANIA

Premieres February 17, 2023

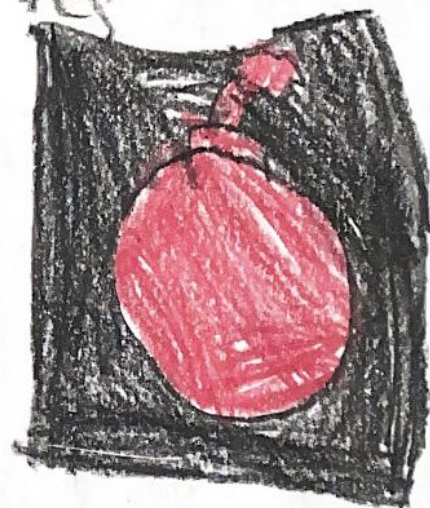
Ant-Man and the Wasp find themselves exploring the Quantum Realm, interacting with strange new creatures and embarking on an adventure that pushes them beyond the limits of what they thought was possible.



WHICH MOVIE ARE YOU THE MOST EXCITED TO WATCH?



Kirby's amazing adventures



by Max Acostarwiz



Leon Hammerschmidt

