

**FROM US TO YOU,
WITH LOVE**

AN ISSUE WITH LOVE, LOVE, AND MORE LOVE!



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A LETTER FROM THE JUNIORS & SENIORS

Happy Valentine's Day!

In this issue of *The Valor Report*, we are focusing on one thing, LOVE. We have 2 new sections all about Entertainment and World Records. Of course, we talk about Super Bowl highlights and so much more! Make sure to go through the whole thing and as always, let us know if you have any ideas for future issues.

MUCH LOVE,

Andrew Cleghorn *Marco Rodriguez* *Zoe Bates*
Andrew Jackson
Avery LaVoie *Miles Vang*
Cesar Arreola
Andrew LaVoie
Ashley Vega

The Valor Report provides complete, accurate, and creative content. Our school newspaper is student driven, produced, and edited.

A vertical strip of pink roses runs down the left side of the page.

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ON THE COVER . . .

Photo from Unplash.com

SUPER BOWL LVII 2023 HIGHLIGHTS

BY ROMAN DICKOW, '24



Photo retrieved from 6abc.com

HIGHLIGHT #1

Mahome's ankle was injured for a third time throughout the season and yet he still got up and helped lead his team to VICTORY!

HIGHLIGHT #2

Although, Jalen Hurts' shoulder was a bit damaged, he played an amazingly dangerous game. It was a good fight, but the best team is always going to win in the end!



Photo retrieved from sports.yahoo.com



Photo retrieved from RollingStone.com

HIGHLIGHT #3

Rihanna's performance was SO AWESOME! She absolutely killed it on the very high platform. The theme of red was ON POINT!

HIGHLIGHT #4

Jason and Travis Kelce playing against each other was a big highlight. For the first time ever in Super Bowl history, 2 brothers competed against each other! It's too bad for Jason, but for Travis...it was a happy ending!



Photo retrieved from People.com

WHAT WERE YOUR FAVORITE MOMENTS FROM
THIS YEAR'S BIG GAME?

ENTERTAINMENT

BY MILES VANG, '24

THE WORLD OF FROZEN WILL BE OPENING

Hong Kong Disneyland has announced that their new "World of Frozen" will be released in the second half of this year. "World of Frozen" will be a theme park based on the 2013 Disney movie, *Frozen*, and will have rides inspired by the movie. It will have buildings based on the kingdom of Arendelle and it will also have Elsa's palace in the background of the park.



Photo retrieved from [DisneyParks.Disney.Go.com](https://disney.go.com/parks/hongkong/)

NEW SUPER MARIO BROS MOVIE

Get your popcorn ready because *The Super Mario Bros.* movie will come out April 5th, 2023. This movie will be an adaptation of the famous video game franchise, *Super Mario Bros.* The plot will stay close to the story of the games, but with a 3D twist. Get ready to see all your favorite characters in a whole new look.



Photo retrieved from [Yahoo.com](https://www.yahoo.com)

WHAT ARE YOU MOST EXCITED FOR?



WORLD RECORDS

LONGEST BASKETBALL DRIBBLE BLINDFOLDED

People are in awe as a 9 year old boy holds the Guinness World Record for dribbling a basketball blindfolded. Henry Speedwell set the new world record for dribbling a basketball blindfolded, dribbling it for 1 hour and 20 minutes. Henry dedicated this world record to his grandfather, who died at the age of 74. His record raised \$2,800 for cancer research.



Photo retrieved from News18.com

DELICIOUS CAKE DRESS

Hope you aren't too hungry reading this story, because it will be sure to make your mouth water. On January 15th of this year, Natasha Coline Kim Fah Lee Fokas broke the Guinness World Record for the largest wearable cake dress. Natasha is a baker in Switzerland who created the largest wearable cake dress, weighing a 289 lbs and 13 oz. She presented this dress during the Swiss World Wedding Fair and to fit the theme of the fair, she made the cake look like a wedding dress.



Photo retrieved from ZoomTV.com

RECORD



HOLDER

WHAT MAKES YOU FEEL LOVED?

BY ANDREW JACKSON, '23

"I feel loved when Jesus loves me." - Ellie Ludwick, K4

"I feel loved when I am smart." - Liam Gattone, Kindergarten

"I feel loved when I am with my grandpa." - Leila Marquez, 1st Grade

"I feel loved when I get rewards and love when people say good stuff about me." - Esther Gritsak, 2nd Grade

"I feel loved when someone hugs me." - Shanaya Matta, 3rd Grade

"I feel loved when I have family around me." - Daniel Oblifias, 4th Grade

"I feel loved when my parents cheer me up after I make a mistake or hurt myself." - Dayna Lailam, 5th Grade

"I feel loved when I play volleyball outside with my sister and she helps me practice for games." - Allison Mims, 6th Grade

"I feel loved when someone interacts with me." - Elizabeth Francis, 7th Grade

"I feel loved when I am with my friends." - Zoe Nwole, 8th Grade

"I feel loved when my parents hug me." - Victoria Mallory, 9th Grade

"I feel loved when I finish writing a book." - Zoe Vazquez, 10th Grade

"I feel loved when people appreciate me." - Miles Vang, Junior

"I feel loved when I praise and worship." - Marco Rodriguez, Senior

"I feel loved when someone is kind." - Mrs. MacKinney, High School Teacher

"I feel loved when my family spends time with me." - Mrs. Her, 2nd Grade Teacher

"I feel loved when I meditate on the Father's love for me, his promises and my true identity in Christ. I feel loved when I spend time with my family and I when I receive words of encouragement." - Mrs. Aguilar, K4 Teacher

"I feel loved when I spend time with my family," - Mrs. Cleghorn, 4th Grade Teacher

**"I feel loved when asked to share meals with someone."
- Mrs. Movsessian, 5th Grade Teacher**

"I feel loved when I am at church and when I spend time with my friends." - Miss Islas, 3rd Grade Teacher

"I feel loved when I get warm hugs and thank you when serving others." - Mrs. Martha Rodriguez

**"I feel loved when I am with my family."
-Mrs. Hernandez, High School Teacher**

"I feel loved when I have my family close to me." - Mrs. Knoerr, Jr. Prep Teacher

"I feel loved when I am receiving hugs." - Mrs. Gowliszewski, Kindergarten Teacher

"I feel loved when I count all the blessings that the our Heavenly Father has given to me and my family." - Mrs. Hammerschmidt

**STAY CONNECTED
WITH US ONLINE!**

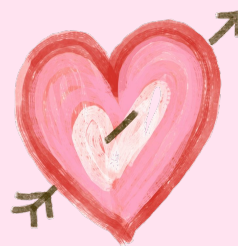


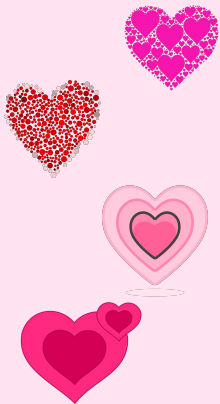
@VALEOACADEMY



VALENTINE'S DAY PARTIES

BY ASHLEY VEGA, '23







Many of us love to spend hours scrolling through this app. We wanted to try out some “must-have” items to see if they’re actually worth buying.

BY MARCO RODRIGUEZ, '23 & ZOE BATES, '24



JawForce facial exerciser is designed to help strengthen and define the jaw muscles and enhance your jawline!

Promising review: I used it throughout an entire day and by the end my mouth was sore. If you use this for a month, you are sure to see a difference.

10/10 would buy again

Get it from Amazon for [\\$8.95](#)

The Jokari Fizz-Keeper Can Pump keeps opened cans of soda fresh by re-pressurizing them.

Promising review: The can pump was designed to keep your soda bubbly so you don't have to worry about it going flat. Another cool feature about the pump part is that if your drink isn't fizzy enough, you can just pump it a few times and you get more bubbles!

8/10 would buy again

Get it from Amazon for [\\$19.99](#)





The Hand Exerciser Grip Strengthener is perfect for musicians, athletes, computer users or people who just want to stretch their fingers.

Promising review: This tool is excellent for stretching and strengthening your fingers. It also helps improve your grip! Even though it hurts, it still gets the job done and with time it will definitely help your finger strength.

10/10 would buy again

Get it from Amazon for [\\$10.99](#)

The Mini Portable Humidifier is portable and is meant to moisturize the air around you to provide many health benefits.

Promising review: Great essential to carry on the go. Helps release moisture in your surrounding. It's convent and great to keep with you, but the only negative thing is it has to stay charging.

8.5 /10 would buy again

Get it from Amazon for [\\$19.99](#)



4TH GRADE HIGHLIGHTS

BY ANDREW CLEGHORN, '23

GEOGRAPHY

The 4th graders are learning about the Northeastern states and with a test coming in the near future, they have been preparing by studying. The 4th graders competed in a classic boys vs girls match up to see who knew the state capitals better. Nothing like some good competition to encourage studying and hard work.



MATH

Along with studying for their Geography test, the 4th graders have also been working on their math skills.

I don't know what it is, but there is something really cool about going up to write on the class' dry-erase board.



4TH GRADE RECESS!

The start of February was a cold one, but the 4th graders still enjoyed a break from learning during their indoor recess. Thankfully as the month went on, there were a few of those outlier days where the weather was wonderful and the 4th grade class will never pass up on an outdoor recess.



MAKING CAKE POPS!

AN EASY GUIDE TO A SWEET TREAT
BY AVERY LAVOIE, '23



1. GATHER THE INGREDIENTS SHOWN HERE.

2. BAKE YOUR CAKE AS
INSTRUCTED ON THE BOX,
THEN CRUMBLE IT.



3. ADD 1 TABLESPOON OF
FROSTING AND MIX.



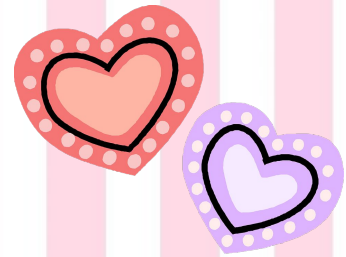
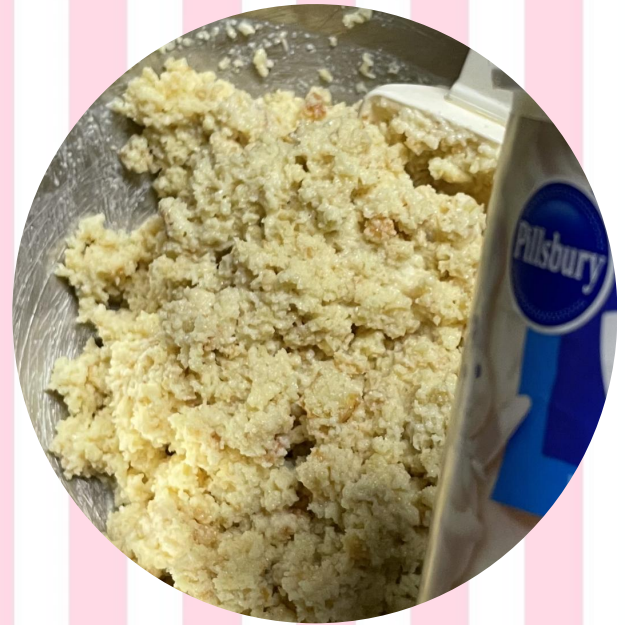
4. FORM INTO BALLS WITH
THE STICK AND PLACE IN
THE FRIDGE TO CHILL.



5. DIP INTO MELTED CANDY
MELTS AND DECORATE WITH
SPRINKLES!



When making anything for the first time, always follow the recipe! This was my first attempt at making cake pops. I made the assumption that I would need a lot of frosting in order to bind the cake together to make a sort of dough, but after I realized it was too soft, I looked up the recipe and realized that you only needed 1 tablespoon of frosting! Unfortunately, I added the entire tub of frosting to my crumbled cake and had to start over...So instead of forming a dough-like consistency it became mushy and would not form a ball.



If I were to make these again, I would follow the recipe and not rely on my own knowledge of baking...which is obviously not good enough. What I recommend to those who want to make cake pops is to follow this recipe provided below!

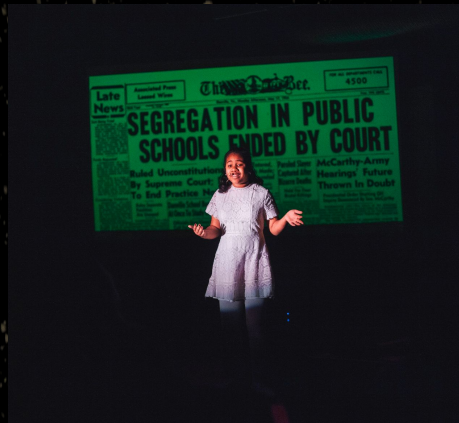


www.izzycoking.com/starbucks-cake-pops

VALEO ACADEMY'S
**BLACK
HISTORY
MONTH**
CELEBRATION



This year to celebrate Black History Month, our school had an assembly to highlight important leaders and remind our students of God's love throughout history. We learned about the stories of The Lovings, Harriet Tubman, Booker T. Washington, Ruby Bridges, Jackie Robinson, and Martin Luther King Jr.





**SHOUTOUT TO OUR STUDENTS AND STAFF FOR
WORKING HARD ON THIS PRODUCTION!**

